DM Corned Beef



Course: Main Dish Categories: Beef Source: Boxty House

Serving size: 8-10 good portions

Preparation time: Cooking time:

Ingredients

2.5kg / 85 oz Corned Beef (topside or silverside)

Any Vegetable Trimmings 6 Black Peppercorns 2 Bay Leaf

Directions

- 1. Place the Corned Beef into a tall pot along with the other ingredients and cover with water.
- 2. Cook for 4 and a half hours, checking to top up the water from time to time if the meat becomes exposed.
- 3. Remove from the water and cool in the blast chiller.
- 4. When preparing, always remove the skin from the meat.
- 5. For slices, cut into medium thickness, remembering to cut against the grain to prevent the meat from becoming chewy.
- 6. The remaining pieces of meat can be used for dice cut into a medium size dice.

Notes